# Connecting people and nature – monitoring visits to the outdoors in Scotland

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#### **Historical context**

- The Land Reform (Scotland) Act, February 2005, gave people in Scotland legal rights of access to most land and inland water provided they acted responsibly.
- These rights and responsibilities are set out in the Scottish Outdoor Access Code (SOAC).
- SNH given a statutory duty to publicise and promote the SOAC and to keep it under review.
- And a 10 year target to secure:

   improved public enjoyment and protection of the countryside,
   measured by an increase in the numbers of walkers visiting'.





#### Monitoring the impact of the access legislation

 Establish a baseline measure of participation in outdoor recreation before the access legislation came into effect on 2005

 Identify a survey vehicle to monitor participation over the next 10 years



 A number of survey sources ... identified a lack of consistent longterm data on outdoor recreation in Scotland and no existing means of securing long-term trend data of the type required



# **Scottish Recreation Survey (ScRS)**

- A new national-level survey measuring participation in outdoor recreation in Scotland, managed by SNH working in partnership with FCS
- Running over a 10-year period (2003 2012)
- Questions placed on TNS's omnibus, the Scottish Opinion Survey, on a monthly rotating basis
- Interviews conducted in-home, using CAPI, with a representative sample of 1,000 adults in Scotland each month; 12,000 interviews pa
- National level data: nos. and characteristics of people participating in outdoor recreation; types of locations visited; activities undertaken; party size & composition; access issues; transport used; distance travelled; length & duration of trip; expenditure; SOAC awareness.

# **Scottish Recreation Survey data**

Used over 10 years by SNH and its partners to:

- Inform guidance, advice and policy work
- Monitor progress in the delivery of outcomes
- Identify key trends in participation
- Understand our target audiences and focus resources more effectively
- Measure awareness and understanding of the SOAC and associated promotional campaigns











#### **Changing landscape**

Increased scrutiny of expenditure on publicly funded popn surveys



Survey review & rationalisation

Community Planning Partnerships



Demand for locallevel data

Scottish Government's National Performance Framework



Scotland Performs

National Strategic Group for Physical Activity



Active Scotland
Outcomes
Framework

Evidence the contribution of the natural environment to Scottish Government strategic objectives



#### The way forward for monitoring participation

- Better collaboration between environmental organisations commissioning research.
- Survey rationalisation, addressing issues of duplication, inconsistency, data gaps in existing surveys - and a reduction in expenditure over the long-term.
- Better demonstrate the links between connecting people with nature and the Scottish Government's strategic objectives.
- National data on an annual basis to measure progress against NIs (Scotland Performs).
- Local-level data to inform our engagement with community planning partners.
- Continuity with previous survey data.



#### The way forward for monitoring participation

#### Scottish Household Survey

Annual headline data at national and local-level:

- visits to the outdoors
- greenspace (access, use, satisfaction)
- environmental volunteering
- neighbourhoods

Scotland's People and Nature Survey

The story behind the headlines - detailed national-level data on people's connection with nature, once every three years:

- outdoor recreation
- forests/woodland
- urban greenspace
- national parks
- landscape
- environmental attitudes
- benefits of engagement



#### Scotland's People and Nature Survey

 A national-level survey measuring how people in Scotland use, value and enjoy the natural environment



- Ran in 2013/14 with plans to repeat in 2016, 2019, 2022
- Managed by SNH working in partnership with FCS, Greenspace Scotland, Cairngorms NP, Loch Lomond and the Trossachs NP and in consultation with Central Scotland Green Network Trust
- Question modules placed on TNS's omnibus, the Scottish Opinion Survey, on a monthly rotating basis (data continuity with ScRS)
- Interviews conducted in-home, using CAPI, with a representative sample of 1,000 adults in Scotland each month; 12,000 interviews pa



# A few findings 2013/14



396 million visits to the outdoors



9 in 10 outdoor visitors report health benefits



134 million visits in urban areas, but gap between expectations and experience of local greenspace



81% of adults satisfied with national provision of woods for recreation versus 62% satisfied with local provision



94% of adults believe Scotland's areas of wild land should be protected



65% of adults rate their local landscape positively; negative perceptions more likely to be expressed by those living in the most deprived areas



#### The future

- Continuing pressure on budgets; fieldwork for the 2016 wave of SPANS delayed until 2017/18; survey content and sample sizes reduced.
- Continuing pressure on SHS and other Scottish Government surveys in terms of scale and content.
- Commitment to undertake two further waves of SPANS.
- Review of SPANS survey methodology is likely (data continuity versus size and scope of survey?).
- Exploring other data collection options.



# For further information on SPANS and other research

https://www.snh.scot/professional-advice/land-and-seamanagement/managing-access-and-recreation/increasingparticipation/measuring-participation

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